

Seventh Annual Pine Cone Pacer 5K  
 Durham, NC 16 April 2016

Place	Name	Age	S	City	St	Time	Pace
1	Joseph Fader	30	M	Durham	NC	18:49	6:04
2	Ian Ovenden	16	M	Durham	NC	19:33	6:18
3	J.C. Wyss	35	M	Arlington	VA	19:50	6:23
4	John Deluca	48	M	New York	NY	20:01	6:27
5	James Fox	43	M	Durham	NC	20:03	6:27
6	Aaron Berdanier	32	M	Durham	NC	20:54	6:44
7	Daniel Oren	13	M			21:44	7:00
8	Fred Dex	39	M	Chapel Hill	NC	21:50	7:02
9	Holly Leddy	41	F	Durham	NC	22:08	7:08
10	Wilson Mbochi	25	M	Morrisville	NC	22:22	7:12
11	Lauren Darienzo	40	F	Long Beach	NY	22:28	7:14
12	Jack Threadgill	54	M	Cary	NC	22:49	7:21
13	Daniel Friedman	32	M	Durham	NC	22:54	7:23
14	Shaan Narayan	12	M	Chapel Hill	NC	23:12	7:28
15	David Andrews	47	M	Anchorage	AK	23:21	7:31
16	Sara Oren	11	F			23:24	7:32
17	Matthew Cicchinelli	53	M	Clinton	NY	23:55	7:42
18	Aaron Barbera	27	M	Durham	NC	24:06	7:46
19	John White	31	M	Durham	NC	24:40	7:57
20	Logan Melendez	11	M	Mineral	VA	25:00	8:03
21	Sarah Barbera	31	F	Durham	NC	25:07	8:05
22	Rachel Robinson	33	F	Durham	NC	25:21	8:10
23	Gretchen Foley	29	F	Durham	NC	25:23	8:11
24	Tommy Sikes	45	M	Hillsborough	NC	25:39	8:16
25	Evan Ferry	36	M	Durham	NC	25:44	8:17
26	Ray Dooley	63	M	Chapel Hill	NC	25:50	8:19
27	Alejandro Lopez	40	M	Chapel Hill	NC	26:06	8:24
28	Rachel Andrews	46	F	Anchorage	AK	26:06	8:24
29	Andrea Rushlow	52	F	Asheville	NC	26:07	8:25
30	Damian Monteiro	42	M	New York	NY	26:12	8:26
31	Jake Davis	32	M	Winston-Salem	NC	26:21	8:29
32	Sari Palmroth	45	F			26:23	8:30
33	David Boyd	45	M	Durham	NC	26:33	8:33
34	Eleanor Caves	27	F	Durham	NC	26:42	8:36
35	Patrick Green	29	M	Durham	NC	26:43	8:36
36	Lora Gibbs	38	F	Durham	NC	26:43	8:36
37	Harriet Kinyamu	51	F	Cary	NC	26:43	8:36
38	John Cornwell	32	M	Northlake	GA	26:59	8:41
39	Jingli Mu	35	M	Durham	NC	27:03	8:43
40	Rachel Karasik	24	F	Durham	NC	27:14	8:46
41	Karla Sosa	25	F	Durham	NC	27:25	8:50
42	Curtis Peele	38	M	Los Angeles	CA	27:29	8:51
43	Sara Mason	25	F	Durham	NC	27:29	8:51
44	Andrew Pericak	25	M	Durham	NC	27:37	8:54
45	Ashley Gordon	23	F	Durham	NC	27:44	8:56
46	Jennifer Swenson	48	F	Durham	NC	27:50	8:58
47	Lilla Gutay	48	F	Durham	NC	27:57	9:00
48	Stephanie Stefanski	25	F	Durham	NC	28:08	9:04
49	Stephanie Paulasigui	26	F	Durham	NC	28:12	9:05
50	Hona Lee Harrington	52	F	Durham	NC	29:21	9:27
51	Winnie Biwott	23	F	Durham	NC	30:08	9:42
52	Jackie Weiss	46	F	New York	NY	30:27	9:48
53	Katie Mildenhall	33	F	Roswell	GA	30:43	9:53
54	Sara Rose	39	F	Marietta	GA	30:43	9:54
55	John Holden	48	M	Raleigh	NC	30:49	9:55
56	Kendall Starkman	27	F	Durham	NC	31:08	10:02
57	Cara Moxley	51	F	Short Hills	NJ	31:11	10:03
58	Giuliana Benedicty	38	F	New York	NY	31:20	10:06
59	Catherine Chamberlin	25	F	Durham	NC	31:21	10:06
60	Tyler Forrester	31	M	Dillon	MT	31:21	10:06
61	Howie Wachtel	36	M	Washington	DC	31:33	10:09

62	Robert Sayre	45	M	Lexington	MA	31:33	10:10
63	Terry Casstevens	45	M	Apex	NC	31:37	10:11
64	Julie Horton	59	F	Chapel Hill	NC	31:41	10:12
65	Nicole Berchtold	46	F	Laguna Beach	CA	31:42	10:13
66	Luisa Tio	46	F	Alexandria	VA	31:43	10:13
67	Victoria Smith	27	F	Durham	NC	31:49	10:15
68	Samuel Rubin	35	M	New York	NY	31:57	10:17
69	Aron Schwartz	63	M	Morristown	NJ	32:15	10:23
70	John Navin	56	M	Short Hills	NJ	32:26	10:27
71	Christopher Paul	33	M	Chapel Hill	NC	32:31	10:28
72	Melissa Fiffer	32	F	Washington	DC	32:31	10:28
73	Abbigayle Mudrick	26	F	Bridgeport	OH	32:35	10:30
74	Rachel Spooner	41	F	Wayland	MA	32:36	10:30
75	Allison Ruhl	42	F	Madison	MS	32:36	10:30
76	Jeannine Privat	33	F	Durham	NC	33:09	10:40
77	Aleksandra Dobkowski-Joy	41	F	New York	NY	33:24	10:45
78	Carolyn Quarterman	51	F	Cary	NC	33:43	10:51
79	Jennifer Hanawald	47	F	Montclair	NJ	33:52	10:55
80	Jennifer Stanton	54	F	Smithfield	VA	34:08	10:59
81	Morris Raskin	11	M	New York	NY	34:18	11:03
82	Dave Mills	47	M	Durham	NC	34:24	11:05
83	Greg Raskin	43	M	New York	NY	34:24	11:05
84	Judy Abel	36	F	Durham	NC	35:03	11:17
85	Kathy Prichard	52	F	Durham	NC	35:03	11:17
86	Stephanie Whitacre	42	F	Chapel Hill	NC	35:04	11:17
87	Darren Narayan	43	M	Rochester	NY	35:28	11:25
88	Mariel Beasley	31	F	Durham	NC	35:45	11:31
89	Olivia Tempest	25	F	Durham	NC	35:47	11:31
90	Michael Ovenden	54	M	Durham	NC	35:56	11:34
91	Emily Mills	23	F	Durham	NC	36:10	11:39
92	Natalie Saini	30	F	Durham	NC	36:38	11:48
93	Sriram Vijayraghavan	32	M	Durham	NC	36:39	11:48
94	Steve Schreiber	67	M	Cincinnati	OH	36:40	11:48
95	Ryan O'Donnell	29	M	Durham	NC	36:42	11:49
96	Kathryn Hutchins	27	F	Durham	NC	36:42	11:49
97	Dianna Hutton	56	F	Raleigh	NC	36:58	11:54
98	Emily McFadden	24	F	Durham	NC	38:47	12:29
99	April Dudash	28	F	Raleigh	NC	38:50	12:30
100	Charles Givens	30	M	Raleigh	NC	38:51	12:30
101	Robin Sheesley	61	F	Durham	NC	38:57	12:33
102	Heather Doolin	26	F	Durham	NC	39:09	12:36
103	Matt Doolin	26	M	Durham	NC	39:10	12:37
104	John Tyson	58	M	Wayne	PA	40:02	12:53
105	Pri Finkral	7	F	Chapel Hill	NC	40:14	12:57
106	Liz Kalies	39	F	Chapel Hill	NC	40:14	12:57
107	Michelle Gannon	43	F	Durham	NC	40:43	13:07
108	Karishma Fernandes	39	F	Cary	NC	41:33	13:23
109	Marni Schribman	45	F	Cary	NC	41:34	13:23
110	Avett Melendez	8	M	Midlothian	VA	41:47	13:27
111	Diego Melendez	34	M	Raleigh	NC	41:48	13:28
112	Lauren Davis	28	F	Winston-Salem	NC	41:58	13:31
113	Nate Hamilton	35	M	Durham	NC	42:02	13:32
114	Megan Van Noord	33	F	Durham	NC	42:21	13:38
115	Margaret Hepburn	44	F	Cary	NC	45:48	14:45
116	Jill Schreiber	67	F	Cincinnati	OH	46:16	14:54
117	Janis Schreiber	36	F	Cincinnati	OH	46:16	14:54
118	Moriah Brown	41	F	Myrtle Beach	SC	46:20	14:55
119	Susan Myers	41	F	New York	NY	46:21	14:55
120	Megan Bell	40	F	Durham	NC	48:08	15:30
121	Kabin Bell	43	M	Durham	NC	48:10	15:30
122	Amy Johnson	52	F	Indianapolis	IN	48:27	15:36
123	Robert Harris	52	M	Washington	DC	48:28	15:36
124	Dinah Swain	52	F	Saint Paul	MN	48:34	15:38
125	Missy Hedges	51	F	Evanston	IL	48:36	15:39
126	Angela King-Herbert	57	F	Hillsborough	NC	52:28	16:54
127	George Hahn	26	M	Apex	NC	55:04	17:44

128	Amelia Jackson	46	F	Chapel Hill	NC	55:13	17:47
129	Mary Lyons	45	F	Durham	NC	55:13	17:47
130	Geetha Sant	52	F	Saint Louis	MO	1:01:11	19:42
131	Erica Amestoy	51	F	San Clemente	CA	1:01:11	19:42
132	Mary Ellen Friedman	59	F	Syracuse	NY	1:01:47	19:53
133	Robert Friedman	61	M	Syracuse	NY	1:01:56	19:56
134	Arianne Hartsell-Gundy	35	F	Durham	NC	1:02:46	20:12
135	Jeffrey Hartsell-Gundy	00	M	Durham	NC	1:02:47	20:13
136	Susan Regier	58	F	Durham	NC	1:03:13	20:21
137	Jan Demmy French	57	F	Chapel Hill	NC	1:03:14	20:21
138	Marijean Williams	50	F	Durham	NC	1:06:36	21:27
139	Brian Williams	40	M	Durham	NC	1:06:37	21:27

Record 16:33 by Seth Hutchinson in 2015